



Clearview Minds

Think Different Be Different

The 3I Programme of initiatives have been designed to support individuals prior to and once employment has been attained. 3I (Impact, Initiative and Intelligence) helps participants gain an understanding of how behaviour impacts on others, whilst learning strategies to succeed within the working environment. So, what can you expect in a one to one coaching session? Well that is really up to you, well what we mean is we focus on what you want to achieve and help you meet those goals.

What can you expect from a 3I Coaching session?

- Dedicated time with an experienced coach
- Flexibility in the session either face to face, via conference facilities or phone
- Exploration of where you are currently
- A focus on what you want to achieve in the future
- A review of your journey so far
- An investigation into career strategy and tools to support growth
- An action plan to take forward and complete

Examples of topics covered in coaching sessions:

Controlling nerves and boosting confidence
Managing the conversation
Influencing Others
Developing a winning profile
Dealing with challenging situations

Optimising Performance
The art of planning
Dealing with conflict
Networking for success
Success at interviews

How do we make it work?

On engagement, our strategy is to:

- Take you through our coaching ethos
- Partner you with an experienced youth coach
- Provide you with the 3I Coaching Pack for onward use
- Timetable coaching time, whether that be one session, two sessions or more
- Highlight the additional resources that you can tap into
- Introduce you to our networking platform
- Invite you to take part in online assessment
- Keep you posted on other events which may be of interest in your career journey both within our
- own organisation and other businesses, after all it is about growing your skills
- Agree an action plan that you will be committed to and help you achieve it

For more information, contact info@clearviewminds.com or call us at the number below:

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